

West Linn-Wilsonville School District High School (Grades 9-12) Health Curriculum Topic Map

TOPIC	Grade 9	Grade 10	Grades 11-12
Healthy and Fit Body	<ul style="list-style-type: none"> • Well Being: physical, mental/emotional, interpersonal • Heart Healthy: nutrition, body systems 	<ul style="list-style-type: none"> • Well Being/Healthy Self: physical, mental/emotional, interpersonal 	<ul style="list-style-type: none"> • Well Being: physical, mental/emotional, interpersonal • Effective Interpersonal Communication • Developing a Healthy Self: adolescent risk behavior awareness, planning for a healthy future
Controllable Health Risks	<ul style="list-style-type: none"> • Infectious Diseases: STIs, AIDS/HIV • Health Risk: reduction, intervention/prevention 	<ul style="list-style-type: none"> • Infectious Diseases: STIs, AIDS/HIV • Health Risk: reduction, intervention/prevention • Alcohol: abuse, drinking and driving, individual impact, societal impact 	<ul style="list-style-type: none"> • Abuse Prevention • Peer and Community Influences
Safe and Healthy Environment	<ul style="list-style-type: none"> • Personal Safety 	<ul style="list-style-type: none"> • Personal Safety • First Aid 	<ul style="list-style-type: none"> • Understanding Peer Impact • Family and Community Influences
Informed Consumer	<ul style="list-style-type: none"> • Consumer Health • Community Resources • Media and Advertising 	<ul style="list-style-type: none"> • Consumer Media Health and Advertising 	<ul style="list-style-type: none"> • Community and Cultural Influences • Technological and Medical Advances • Media Influences
Healthy Relationships	<ul style="list-style-type: none"> • Human Sexuality 	<ul style="list-style-type: none"> • Developing Relationships 	<ul style="list-style-type: none"> • Effective Interpersonal Communication